

NASA - Mens WV State Push-Pull Records 07-26-2009

PURE		114	PURE NOVICE		114	NATURAL/OPEN	
BP			BP			BP	
DL			DL			DL	
TL			TL			TL	
		123			123		
BP			BP			BP	
DL			DL			DL	
TL			TL			TL	
		132			132		
BP			BP			BP	
DL			DL			DL	
TL			TL			TL	
		148			148		
BP			BP			BP	
DL			DL			DL	
TL			TL			TL	
		165			165		
BP			BP			BP	
DL			DL			DL	
TL			TL			TL	
		181			181		
BP	192.5	S. Martin	3/18/07	BP	147.4	S. Brooks	11/4/06
DL	227.5	S. Brooks	3/18/07	DL	200	S. Brooks	11/4/06
TL	410	S. Martin	3/18/07	TL	347.5	S. Brooks	11/4/06
		198			198		
BP	182.5	S. Brooks	4/26/08	BP	145	M. Lillier	3/18/07
DL	250	S. Brooks	4/26/08	DL	230	M. Lillier	3/18/07
TL	432.5	S. Brooks	4/26/08	TL	375	M. Lillier	3/18/07
		220			220		
BP	72.5	Z. Underwood	4/28/07	BP			
DL	130	Z. Underwood	4/28/07	DL			
TL	202.5	Z. Underwood	4/28/07	TL			
		242			242		
BP				BP			
DL				DL			
TL				TL			
		275			275		
BP				BP			
DL				DL			
TL				TL			
		308			308		
BP				BP			
DL				DL			
TL				TL			
		SHW			SHW		
BP				BP		242.5	J. Belcher
DL				DL		272.5	J. Belcher
TL				TL		515	J. Belcher

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HIGH SCHOOL				TEENAGE				JUNIOR			
114				114							
BP	67.5	J. Tipton	7/19/2009	BP				BP			
DL	115	J. Tipton	7/19/2009	DL				DL			
TL	182.5	J. Tipton	7/19/2009	TL				TL			
123				123							
BP	60	D. Depta	4/28/2007	BP				BP			
DL	120	D. Depta	4/28/2007	DL				DL			
TL	180	D. Depta	4/28/2007	TL				TL			
132				132							
BP				BP				BP			
DL				DL				DL			
TL				TL				TL			
148				148							
BP	95	Z. Trembley	6/20/08	BP				BP			
DL	200	Z. Trembley	6/20/08	DL				DL			
TL	295	Z. Trembley	6/20/08	TL				TL			
165				165							
BP	137.5	Andrew Hale	4/25/09	BP	90	M. Vitruks	4/25/09	BP	75	R. Crum	
DL	212.5	Andrew Hale	4/25/09	DL	170	M. Vitruks	4/25/09	DL	152.5	R. Crum	
TL	350	Andrew Hale	4/25/09	TL	260	M. Vitruks	4/25/09	TL	227.5	R. Crum	
181				181							
BP	120	M. Winans	4/28/07	BP	85	J. Duba	4/25/09	BP	192.5	S. Martin	
DL	195	D. Lomax	4/25/09	DL	167.5	J. Duba	4/25/09	DL	217.5	S. Martin	
TL	307.5	D. Lomax	4/25/09	TL	252.5	J. Duba	4/25/09	TL	410	S. Martin	
198				198							
BP	150	S. Fields	4/26/08	BP	90	B. Adkins	4/25/09	BP	182.5	Brooks/Hamrick	
DL	210	D. Lomax	7/19/09	DL	170	B. Adkins	4/25/09	DL	252.5	S. Brooks	
TL	332.5	S. Fields	4/28/07	TL	260	B. Adkins	4/25/09	TL	435	S. Brooks	
220				220							
BP	142.5	D. Wooten	4/28/07	BP				BP			
DL	205	J. Schafer	4/28/07	DL				DL			
TL	307.5	3 different lifters	4/28/07	TL				TL			
242				242							
BP	125	Z. Nolan	4/28/07	BP	157.5	L. Breeding	4/25/09	BP			
DL	200	C. Maynard	4/26/08	DL	210	L. Breeding	4/25/09	DL			
TL	297.5	Nolan/Maynard		TL	367.5	L. Breeding	4/25/09	TL			
275				275							
BP	185	Z. Howerton	2/21/09	BP				BP			
DL	240	C. James	4/26/07	DL				DL			
TL	390	C. James	4/26/07	TL				TL			
308				308							
BP	142.5	T. Bunner	4/26/07	BP	135	J. McNemar	7/19/09	BP	227.5	AJ Freda	
DL	232.5	T. Bunner	4/26/07	DL	227.5	J. McNemar	7/19/09	DL	310	AJ Freda	
TL	375	T. Bunner	4/26/07	TL	362.5	J. McNemar	7/19/09	TL	537.5	AJ Freda	
SHW				SHW							
BP	112.5	C. McClung	4/26/07	BP				BP	185	B. Sneed	
DL	170	C. McClung	4/26/07	DL				DL	202.5	B. Sneed	
TL	282.5	C. McClung	4/26/07	TL				TL	387.5	B. Sneed	

NASA - Mens WV State Push-Pull Records 07/26/09

SUBMASTERS (30-39)		114		MASTERS 1 (40-49)		114		MASTERS 2 (50-59)	
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		123				123			
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		132				132			
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		148				148			
BP				BP	117.5	P. Sholes	11/4/06	BP	
DL				DL	197.5	P. Sholes	11/4/06	DL	
TL				TL	315	P. Sholes	11/4/06	TL	
		165				165			
BP	172.5	K. Trippett	7/19/09	BP				BP	
DL	227.5	K. Trippett	7/19/09	DL				DL	
TL	400	K. Trippett	7/19/09	TL				TL	
		181				181			
BP				BP				BP	131 B. Helmondollar
DL				DL				DL	182.5 B. Helmondollar
TL				TL				TL	311.5 B. Helmondollar
		198				198			
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		220				220			
BP				BP	222.5	D. Currence	7/15/07	BP	
DL				DL	272.5	D. Currence	7/15/07	DL	
TL				TL	495	D. Currence	7/15/07	TL	
		242				242			
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		275				275			
BP				BP				BP	
DL				DL				DL	
TL				TL				TL	
		308				308			
BP				BP				BP	251 K. Burgess
DL				DL				DL	230 K. Burgess
TL				TL				TL	481 K. Burgess
		SHW				SHW			
BP	210	J. Orr	9/25/04	BP				BP	172.5 R. Knicely
DL	280	J. Orr	9/25/04	DL				DL	277.5 R. Knicely
TL	490	J. Orr	9/25/04	TL				TL	450 R. Knicely

NASA - Mens WV State Push-Pull Records 07/26/09

MASTERS 3 (60-69)		MASTERS 4 (70+UP)		MASTERS PURE	
BP	114	BP	114	BP	
DL		DL		DL	
TL		TL		TL	
BP	123	BP	123	BP	
DL		DL		DL	
TL		TL		TL	
BP	132	BP	132	BP	
DL		DL		DL	
TL		TL		TL	
BP	148	BP	148	BP	
DL		DL		DL	
TL		TL		TL	
BP	165	BP	165	BP	
DL		DL		DL	
TL		TL		TL	
BP	181	BP	181	BP	
DL		DL		DL	
TL		TL		TL	
BP	198	BP	198	BP	
DL		DL		DL	
TL		TL		TL	
BP	220	BP	220	BP	
DL		DL		DL	
TL		TL		TL	
BP	242	BP	242	BP	
DL		DL		DL	
TL		TL		TL	
BP	275	BP	275	BP	
DL		DL		DL	
TL		TL		TL	
BP	308	BP	308	BP	
DL		DL		DL	
TL		TL		TL	
BP	SHW	BP	SHW	BP	
DL		DL		DL	
TL		TL		TL	

NASA - Mens WV State Push-Pull Records 07/27/09

LAW/FIRE/MILITARY	114	SPECIAL OLYMPIC	114
BP		BP	
DL		DL	
TL		TL	
	123		123
BP		BP	
DL		DL	
TL		TL	
	132		132
BP		BP	
DL		DL	
TL		TL	
	148		148
BP		BP	
DL		DL	
TL		TL	
	165		165
BP		BP	
DL		DL	
TL		TL	
	181		181
BP	132.5	T. Ryan	7/19/09
DL	190	T. Ryan	7/19/09
TL	322.5	T. Ryan	7/19/09
	198		198
BP	175	S. Cook	11/4/06
DL	202.5	S. Cook	11/4/06
TL	377.5	S. Cook	11/4/06
	220		220
BP	125	J. McGill	4/26/07
DL	192.5	J. McGill	4/26/07
TL	317.5	J. McGill	4/26/07
	242		242
BP		BP	
DL		DL	
TL		TL	
	275		275
BP	160	M. Myers	7/19/09
DL	205	M. Myers	4/25/09
TL	357.5	M. Myers	7/19/09
	308		308
BP		BP	
DL		DL	
TL		TL	
	SHW		SHW
BP		BP	
DL		DL	
TL		TL	

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